

April

12. – 17.

2025

# PERFORMANCE DANCE

SALZBURG #35

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Tanz  
Impulse  
Salzburg

Workshops

# Registration Conditions | Info | Registration | Imprint | PERFORMdANCE #35/2025

## tanzimpulse Salzburg Workshops OSTERTANZTAGE

Association address: tanzimpulse Salzburg | Ulrike-Gschwandtner-Straße 5, 5020 Salzburg | Tel: +43(0)676 9755293 | eMail: workshops@tanzimpulse.org

[www.tanzimpulse.org](http://www.tanzimpulse.org)

## WORKSHOP EVENT LOCATIONS

Akademiestraße 21, Salzburg alle Kurse

## REGISTRATION

via E-Mail or letter/postcard/SMS/WhatsApp to: tanzimpulse Salzburg, Ulrike-Gschwandtner-Str. 5, 5020 Salzburg. **eMail: [workshops@tanzimpulse.org](mailto:workshops@tanzimpulse.org)** Tel: +43(0)6769755293, **please state: Name, address, telephone number or e-mail address and most importantly the desired courses..**

## PAYMENT

Payment of course fee before the start of the workshop, free of charge for the recipient: tanzimpulse Salzburg, Salzburger Sparkasse | IBAN AT92 2040 4000 4044 8953| BIC SBGSAT2SXXX. No payment slips will be sent! Cash payments are only possible in exceptional cases.

## COURSE SPOTS

Limited number of participants in all courses! Inclusion in the participant list only after receipt of the written registration. However, the binding reservation of a course place is only confirmed once the course fee has been received. Participants for whom one or more course places have been reserved will receive a notification by e-mail, text message or telephone about reservation of their course spot(s). **Please pay the course fee by bank transfer.**

## SINGLE COURSE CLASSES

can be booked at the course location, subject to availability. Not possible for all courses.

## COURSE CHANGES

can be made on the 2nd day, provided there are places available.

## COURSE CANCELLATIONS

CANCELLATION OF A COURSE WITH REFUND OF THE COURSE FEES is at the discretion of the organizer and will only be granted in justified cases. In this case a cancellation fee of € 20,- per course will be retained! From the 2nd day of the course, refunds are only possible in the form of credit notes, the cancellation fee € 20,- per course will be retained.

The organizer reserves the right to cancel courses if a minimum number of participants is not reached. If this is the case, participants who have a course reservation in a cancelled course, will be informed at least 4 days prior to the course. Course fees already paid will be refunded.

## Ticket prices for the performances of PERFORMdANCE #35

**PAY AS YOU CAN** applies to all performances.

**Ticket costs** EUR 9,-/18,- /27,-

**Ticket reservations at [www.argekultur.at](http://www.argekultur.at)**

*The organizer assumes no liability for accidents and theft! Subject to printing errors and changes.*

## SCHEDULE 2025 – COURSE LOCATION: AKADEMIESTRASSE 21

### Sat 12.4. & Sun 13.4.

- 2.00 – 3.20pm **Jaskaran Singh**, Harmonical.self, **Jaskaran Anand** PLAYFUL BODIES: BOLLYWOOD ELECTRONICA FUSION
- 3.30 – 4.50pm **Jolyane Langlois** DANCING SENSORIUM – CONTEMPORARY DANCE
- 5.00 – 6.30pm **Roxana Jařříé** AFROBRASIL

### Sat 12.4.

- 7.00 – 9.00pm **İlù Ará** TRIBAL DANCEFLOOR – ELECTRONIC BEATS MEET ETHNIC PERCUSSION

### Sun 13.4.

- 12.30 – 1.50pm **Günter Schnaitl** TEKNO YOGA
- 6.45 – 8.45pm **Roxana Jařříé** ADAMARE

### Mon 14.4. – Thu 17.4.

- 1:30 – 3.00pm **Tomař Simatović** DANCE YOUR BODY
- 3.15 – 4.45pm **Lio Noah Jakob** MOVING IN BETWEEN: HOUSE & CONTEMPORARY DANCE
- 5.00 – 6.30pm **Janhavi Dhamankar** BOLLYWOOD
- 6.45 – 8.45pm **Roxana Jařříé** RITUAL DANCE

### Mon 14.4. – Thu 17.4.

DANCE ENCOUNTERS for people with and without disabilities

- 10.00 – 11.50am **Natalia Castaneira** DANCING WITH ALL SENSES
- 1.10 – 3.00pm **Valdo Silva** CAPOEIRA



## Ìlù Àrá

### TRIBAL DANCEFLOOR

ELECTRONIC BEATS MEET ETHNIC PERCUSSION

**Sat 12.4. | 7.00–9.00pm**

Course price € 25,- per participant, all levels

Immerse yourself in the primal power of electronic beats merged with traditional drumming. SOUL\_DANCE creates a space where you can move freely according to your needs, with mindfulness and respect for yourself and others. The minimalist musical framework unfolds over time, allowing you to dance into a trance, listen deeply, meditate, or simply follow whatever resonates with you in the moment. In the Tribal Dancefloor experience, traditional instruments

like congas, djembes, and rattles blend with e-drum club sounds and expansive virtual synthesizer landscapes, creatively programmed for a rich auditory journey. Across seven phases, we guide you on a dynamic, ever-changing, and intensifying journey.

[www.soul-dance.at](http://www.soul-dance.at)



© David Orešić

## Jaskaran Singh, Harmonical.self, Jaskaran Anand PLAYFUL BODIES: BOLLYWOOD ELECTRONICA FUSION

**Sat 12.4. & Sun 13.4. | 2.00–3.20pm**

Course price € 40,- per participant, all levels

*Playful Bodies* celebrates movement as a universal form of play. Open to dancers of all levels, this workshop invites you to explore the joy of dance as connection, rhythm, and creative self-expression. Inspired by the vibrant world of Indian cinema—a space where stories unfold through music and movement—this session reimagines Bollywood’s spirited choreography and music in fusion with the pulsating energy of electronica, psytrance, and techno. Guided by Jaskaran Singh, participants blur the lines between structured choreography and free-flowing improvisation, unlocking new ways to connect the body to rhythm. This playful journey invites you to embrace storytelling through dance, rediscover movement as a joyful release, and immerse yourself in a dynamic blend of cinematic energy and contemporary beats.

*What you need: comfortable, loose clothing and a scarf or shawl.*

**Jaskaran Singh Anand\*** is a transdisciplinary and performance artist, researcher, and educator based in Vienna and Linz. His\* work spans choreography, performance, music, and scientific inquiry, using the avatar Harmonical.Self to explore geopolitical consciousness and space-time anomalies. Through his organization trivium, he\* initiates long term projects on identity politics and community-building, like Trans(T\*), DisCity/City Voices, L-INKED and place of belonging.

[www.jaskarananand.com](http://www.jaskarananand.com)

# Jolyane Langlois

## DANCING SENSORIUM – CONTEMPORARY DANCE

Sat 12.4. & Sun 13.4. | 3.30–4.50pm

Course price € 40,- per participant, all levels

In this dance class, we focus on the senses as a starting point for movement and improvisation. We will deepen our connection to the environment and experiment with specific exercises for each sense. We will explore how the focus on them influences our dancing. We learn choreographed movement phrases and with playful, physical impulses we alternate between attuning to the concrete and venturing into the imaginary. Together we will embark on a moving journey!

**Jolyane** is a dance artist from Tiohtiá:ke/Montréal, Canada, whose ancestors belong to the Mi'gmaq of Gespe'gewa'gi. She graduated from the Toronto Dance Theatre SCHOOL in 2012 and has worked with numerous international choreographers and companies. Jolyane works in a variety of contexts ranging from traditional dance and theatre settings to site-specific installations, artistic interventions in public space, intergenerational community work and dance and theater for young audiences. She is also a certified Yamuna Body Rolling practitioner and Kundalini and Hatha Yoga teacher.



# Günter Schnaitl

## TEKNO YOGA

Sun 13.4. | 12.30–1.50pm

Course price € 15,- per participant, all levels

If you like electronic music, you'll love Tekno Yoga. If you like yoga, you'll be surprised. Driving beats will get your energy soaring. Away from the worries and problems of yesterday and tomorrow, towards a body feeling in the here and now. Once you've burnt off your stress hormones in the sun salutation, you can really enjoy your feel-good hormones in the relaxation at the end. Tekno yoga is less about precisely performed exercises and more about combining your body expression with a good feeling. The exercises are structured in such a way that you can decide for yourself whether you want to take a relaxed, elegant or really intense approach. No previous knowledge of yoga is required. Anyone who likes to move is welcome. If you have a yoga mat, please bring it with you. Whether you join in barefoot or in trainers is up to you. If you like to sweat, you should bring a second shirt. It also pays to bring a blanket for the final relaxation.

**Günter** has many years of experience with Tekno and Yoga. At home, it turned out that he was doing both and at some moment he began to consciously use the energy of Tekno for his yoga. From the training as a Shiatsu practitioner, he also incorporates Taoist methods into his practice. In his search for his own path, he incorporates methods from many directions. To him it is important, to pass on what he himself experiences as positive and effective.

# Roxana Jaffé ADAMÁRE

Sun 13.4. | 6.45 – 8.45pm

Course price € 30,- per participant, all levels

**Fall in love, live deeply, connect with love.** Adamáre is completely free from fixed dance forms and comes directly from the heart. It is a way of dancing, that allows your soul to express itself through the body. It performs the movements, gestures and postures needed to be in harmony with your inner core. Adamáre dance allows you to reconnect with your divine origin and the wisdom of your heart. This has the effect that conscious or unconscious issues, standing in the way of this connection resolved. It is a feeling of being in love, of freedom and strength. The feeling of coming home.

**Roxana** was born and grew up in Brazil. At the age of 13, she began her dance training in Afro-dance, Modern and Jazz. Numerous performances as a freelance dancer in Germany and many countries in Europe and South America followed. As a dance and movement teacher, she also runs the ‚Rhythm Awareness‘ training course and works as a body and psychotherapist and channel medium. Roxana looks back on 25 years of experience as a dance seminar leader and is a member of the UNESCO International Dance Council.

[www.roxanajaffe.de](http://www.roxanajaffe.de), [www.ritualdance.de](http://www.ritualdance.de)

## Roxana Jaffé AFROBRASIL SPECIAL

Sat 12.4. & Sun 13.4. | each 5.00 – 6.30pm

Course price € 40,- per participant, all levels

**Discover the source that moves Afro-Brazilians: the joy of life!**

Afro-Brazilian dance; the African roots of Samba, also known as Danca Negra is a powerful dance that helped the enslaved people in Brazil to survive during colonial rule. This dance teaches us in particular to transform our blocked powers into positive energy. It's all about standing better on the floor, letting go, relaxing, absorbing the music, feeling the rhythm and having fun. The diverse movements, the strong expressiveness and traditional forms of Afro-Brazilian dance are an ideal way.

*„I guarantee: no matter how you feel before class, you'll feel better afterwards!“ Roxana*

# Roxana Jarić

## RITUAL DANCE

Mon 14.4. – Thu 17.4. | each 6.45 – 8.45pm

Course price € 120,- per participant, all levels

The most important aim of the course is to bring back and integrate aspects of our own personality that have been lost, split off or repressed, so that we can once again be fully in our own power. Traditional dances of the gods from ancient Afro-Brazilian culture connect with your archetypal qualities. This hidden potential is brought to light through themed, targeted exercises in combination with intuitive movements, the retrieval of archetypal knowledge, the rediscovery of your own rituals and the activation of your body and heart intelligence. A high energy frequency is created that strengthens you and liberates your life force.

*Please bring comfortable clothes and writing materials. The course is danced barefoot.*

**The archetypes that will be discussed in the course:**

- **Xangô – the king.** He is the part of us that does not tolerate lies and clearly distinguishes what is just and unjust, right and wrong in our lives. Power that brews, swells and clenches, condenses for new beginnings and transformation. It invites us to transform and burn structures and systems that no longer serve us.
- **Yansan – the warrior/the wind/the breath.** Goddess of expression, of fearless assertiveness, of outspoken thoughts. She stands for positive change and movement and ensures clarification, sincerity and authentic expression.
- **Oxossi – the hunter.** As the lord of the forest and the hunt, he is also responsible for the balance between food abundance and scarcity in all its facets: mental, physical, spiritual, visual, auditory, etc.
- **Yemanjá – the great mother of all beings and the goddess of the seas.** She is the origin of all living things and symbolizes the female elemental force. She gives orientation, promotes and demands inner authority, shows possible alternatives in life, nourishes, educates, comforts, punishes and helps us, to develop our personality.

# Tomaž Simatović

## DANCE YOUR BODY

a dance-movement workshop for the community

Mon 14.4. – Thu 17.4. | each 1:30 – 3:00pm

Course price € 50,- per participant, all levels

In this 4-day workshop we create a space to connect with the body and its energy. Through simple exercises, we learn to listen to our body, perceive our sensations, attune to our energy and translate it into expressive movements. From silent listening to free dancing - we discover how we can express ourselves authentically through elementary movements. By embodying self-expression, we discover balance and freedom in motion. This workshop welcomes all movement and dance enthusiasts, as well as all those seeking to deepen their connection with their body and practice mindfulness through movement. *The workshop will be conducted in English.*

**Tomaž Simatović** is a dancer, performing artist and a choreographer, based in Salzburg. He studied contemporary dance at SEAD, and received his MA in choreography at ArtEZ Arnhem. His artistic practice is informed by his research in somatic mindfulness, presence, and self-expressive kinaesthetic embodiment, and shaped by his extensive work with dance, performance, choreography, improvisation and pedagogy, since 2006. He is working with dancers and dance enthusiasts, musicians, actors, of different dance and non-dance backgrounds. Since 2020 he is developing artistic work in the frame of Laboratory for Participative Imaginaries, with focus on social and political topics, and audience participation.





© Chiara Scharler

## Lio Noah Jakob

### MOVING IN BETWEEN: HOUSE & CONTEMPORARY DANCE

Mon 14.4.–Thu 17.4.  
each 3.15–4.45pm

Course price € 50,- per participant, all levels

In this workshop, we dive into the worlds of House Dance and Contemporary Dance. Together, we will experiment with elements of both styles and discover our own movement language. Through improvisation, footwork, creative concepts, and exchange with each other, we will explore how the two dance styles complement each other and what freedom they offer us in movement. The workshop is suitable for both beginners and advanced dancers, and no prior knowledge of these styles is required.

**Lio Noah Jakob**, an Austrian-born dance artist, began their journey in Salzburg before studying dance and performance in the Netherlands. Now based in Vienna and Salzburg, they work with both Contemporary Dance and House Dance in various contexts and develop their first own works.

#### PERFORMANCE of RESONANT BODIES

SOLO from/with LIO NOAH JAKOB PATCHWORKS  
IN PROGRESS

**Mi, 16.4. at 7.30pm, ARGEkultur, Salzburg**

## Janhavi Dhamankar

### BOLLYWOOD

Mon 14.4. – Thu 17.4. | 5.00 – 6.30pm

Course price € 50,- per participant, all levels

India is a country with diverse dance styles, ranging from the vibrant world of Bollywood to the elegance of classical traditions and the charm of folk dances. Each style carries its own technique, flavour and purpose. Come and join me for an exciting journey through the movements of India, infused with flavours from its many regions and rich cultural heritage. Let's dance to the high-energy, colourful rhythms of Bollywood, enhanced with the delightful folk twist. As we groove with fun beats, I'll also share the stories behind the songs and explain the meaning of the gestures that bring the dance to life. Get ready for a workout that's not only fun but also enriched with the nuanced, graceful movements and facial expressions inspired by different regions of India. From the quintessential "Thumkas" to festive celebration and street-style vibes, Bollywood dance embraces it all, adding its own signature flair and spice. So, are you ready to dive into the magic of Desi Drama?



© Luriza Pithu

**Janhavi Dhamankar** comes from Pune, India, and has recently moved to Vienna. Janhavi has over 15 years of Odissi training under the gurus Smt. Anuradha Gandhi in Pune and Smt. Parwati Dutta at the Mahagami Sangeet Academy, Aurangabad. In 2001, she was officially introduced to the world of public solo performances by her Manch Pravesh and has performed worldwide. Through her rigorous Gurukul training, she has internalized the difficult yet lyrical technique of Odissi and has developed an aesthetic vision that transcends dance practice and has become a lifestyle. Janhavi is currently exploring empathy as part of her PhD project in artistic research at the University of Art in Graz. She regularly gives Bollywood and Odissi classes.

[www.janhavidhamankar.com](http://www.janhavidhamankar.com)

# CieLAROQUE / helene weinzierl

has been producing and touring for 30 years now and is looking forward to welcome you to the performance **AS FAR AS WE ARE** at ARGEkultur on **April 12 at 7.30pm** and celebrate together at the **subsequent party with DJ LISER.**

further information & performance dates at:  
[www.cielaroque.com](http://www.cielaroque.com)



## DANCE ENCOUNTERS for people with and without disabilities

**Mon 14.4.-Thu 17.4.**

Course price € 40,- per participant  
(Capoeira & Dance for all 4 days).

The participants of these courses can receive lunch for  
€ 8,- per day. Registration on site is sufficient.

**Natalia Castaneira** DANCING WITH ALL SENSES  
each day 10.00-11.50am

**Valdo Silva** CAPOEIRA  
each day 1.10-3.00pm

# Natalia Castaneira

## DANCING WITH ALL SENSES FOR PEOPLE WITH AND WITHOUT DISABILITIES

Mon 14.4.–Thu 17.4. | each 10.00–11.50am

In this dance workshop, we immerse ourselves in the world of imagination and strengthen our creativity through conscious sensory perception. We train our ability to listen, observe and connect through physical contact. Using simple exercises and playful approaches, we give free rein to our imagination and allow movement to become our most important form of expression. The element of play invites us to laugh at our own mistakes with ease and humour and to face them with a sense of calm. The playful approach not only creates a personal connection but also deepens the learning process and makes it more sustainable and joyful.

**Natalia Castaneira**, born in Mexico, began her dance training in Barcelona and completed it in 2012 at SEAD in Salzburg. She has collaborated with numerous companies in Mexico, Austria, and Spain. In Mexico, she was awarded the „National Fund for Culture and Arts.“ Since then, she has been creating and presenting her own pieces while teaching dance and Pilates in Salzburg.



# Valdo Silva

## CAPOEIRA FOR PEOPLE WITH AND WITHOUT DISABILITIES

Mon 14.4.–Thu 17.4. | each 1.10–3.00pm

Capoeira strengthens the mind and inspires the body. The course offers the opportunity to experience the original art from Brazil. The course content is adapted to the abilities and characteristics of the individual participants. The motto is: everyone can take part and everyone does what they can. Afterwards, what has been learnt can be tried out together with partners and the group. We try to overcome all boundaries. Age, gender, abilities, etc. are in the background. What is desired is participation, integration and independence.

**Valdo Silva** comes from a Capoeira family rich in tradition, is a 3-time European Capoeira champion and a recognised trainer with the international capoeira association Novo Capoeira.



© Valdo Silva

# Performances

April  
12. – 17.  
2025

© Brian CA

**Tomaž Simačovič & András Meszerics**

MEDITATIONS -  
AN (IR)RELEVANT AUDIO-SOMATIC RETREAT

3 Performative Workshops Sat 12.4. | 10.00am, 2.00pm, 5.30pm  
Exhibition, open throughout Sat 12.4. | 10.00am-8.00pm

**CieLAROQUE/helene weinzierl**

AS FAR AS WE ARE Sat 12.4. | 7:30pm

PERFORMdANCE

OPENING PARTY with DJ Liser Sat 12.4. | 9.00pm-1.00am

**Verena Pircher** MAKING OF A DANCE

Workshop Mon 14.4. | 6.00pm

**Martina De Dominicis** LATENTE Mon 14.0. | 7.30pm

**Verena Pircher** MAKING OF A DANCE

Workshop Tue 15.04. | 6.00pm

**Nayana Keshava Bhat**

TIDES OF PASSAGE - a cyclical homecoming Tue 15.4. | 7.30pm

RESONANT BODIES, an evening with 3 solos Wed 16.4. | 7.30pm

**Lio Noah Jakob** PATCHWORKS IN PROGRESS

**Sasha Portyannikova** PARSLEY FOR GARNISH

**Carolina Avellaneda** IN MEMORY OF...

**Isaiah Wilson** SCORE Thurs 17.4. | 7.30pm

**Elise Nansve Mjelde & Marceau Laouchez**  
GREATNESS

# PERFORMdANCE

TICKETS "PAY AS YOU CAN" at:  
[www.argekultur.at](http://www.argekultur.at)



# ANCE

SALZBURG #35

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**Impressum** tanzimpulse Salzburg | Ulrike-Gschwandtner-Straße 5 | 5020 Salzburg | [www.tanzimpulse.org](http://www.tanzimpulse.org)

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Tickets unter  
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Workshops  
Nähere Infos  
[www.tanzimpulse.org](http://www.tanzimpulse.org)

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